

#### **Purpose and Scope of this Document**

This risk assessment covers general hockey delivery (outdoor training and matches) by Loughborough Town Hockey Club. Where other hockey delivery takes place, for example the running of hockey festivals or indoor hockey delivery this should be covered by a separate risk assessment written by the person responsible.

Note: risks around Covid-19 are covered in the clubs Covid-19 risk assessment.

Venue: Loughborough Grammar School (both pitches), Loughborough University (water based and EHB)

Completed by: Mary Lilliman

**Date:** 10-04-21 **Review Date: APRIL 2022** 

#### **Playing Area/ Training Area**

Check that the area and surroundings are safe and free from obstacles, check floor, roof leaks, lighting, heating, security and welfare.

What are the hazards?	Who might be harmed	What are you already doing?	Further action	Action by	Action Date	Progress
Frozen pitches	Players and coaches.	Pitches inspected before use.	If pitches freeze during the session then coaches to stop the session.	Lead Coach		
Excess people on the pitch (not directly involved in the training session/ match).	People on pitch.	Only people directly involved in the training session/ match to be allowed onto pitch.				
Floodlights in good working order	Players and coaches.	Nobody to enter the pitch before floodlights are switched on.	Facilities may need to be called to switch floodlights on.			



If floodlights switch off during the	Contact numbers for		
session then play to stop until	facilities teams can		
floodlights can be switched back	be found in pitch		
on. If one floodlight switched off	packs.		
then play may continue in well lit			
areas of the pitch.			

### **Equipment**

Check that it is fit and sound for activity and suitable for age group/ability, check there is no equipment left from other activities or obstructions left in the sporting area.

What are the hazards?	Who might be harmed	What are you already doing?	Further action	Action by	Action Date	Progress
Goals on pitch	Players and coaches	Goals inspected before use. Any damaged goals not used. Any goals that are in the way of the playing area moved.				
Dugouts are secure and in good condition	Players	Dugouts inspected before use. If damaged the dugouts are not used.				
Equipment left from previous session.	Players and coaches.	Any equipment left from the previous session moved from playing area before use.				

## **Session Organisation**

How are the sessions organised to ensure they are as safe as possible?



What are the hazards?	Who might be harmed	What are you already doing?	Further action	Action by	Action Date	Progress
Skill level and number of coaches.	Players	All lead coaches to hold EH Session Coach/ EH Coach or above. Lead coaches that do not hold these qualifications should be working towards an EH Session Coach/ EH Coach course and have attended relevant CPD.  Number of coaches/ assistants/ helpers should be in accordance with EH guidelines: Under 8's: 1 adult: 8 children (with a minimum of 2 adults) Over 8's: 1 adult: 12 children (with a minimum of 2 adults) Over 18's: 1:16	Coaching needs to be reviewed on a regular basis. Sessions where EH guidelines around ratios are not met to be captured through session checklists, and reviewed on a regular basis. If there are sessions that are regularly not meeting these ratios action plan to be put together to rectify this.	Committee		
Players unsupervised.	Players.	Players should not be on pitch until a coach is there to supervise. In the case of junior training this should be 2 coaches.	Need to consider contingency plan for if coaches are running late/ don't turn up to a session.	Committee	August 2021	
Risk of injury through not warming up correctly.	Players	Supervised warm ups to be run for each session. England Hockey best practice for warm ups as detailed in 'planning safe hockey' to be followed.				
Hockey balls being hit across pitches during training sessions.	Players and coaches.	Organise exercises so that players are not hitting the ball into each other.				



People being hit by	Players and	Players and coaches should not		
ball whilst shooting	coaches.	stand behind or close to the		
exercises happening.		goals.		

## **Participants**

Check that the attendance register is up to date with medical information and contact details. Check that players are appropriately attired for the activity.

What are the hazards?	Who might be harmed	What are you already doing?	Further action	Action by	Action Date	Progress
Gum shield and shin pads worn	Players	Gum shield and shin pads compulsory for junior players. All new players informed of this in initial communication with club.  Wearing of gum shield and shin pads highly recommended for adult players.	Junior players not allowed to take part in the session if they don't have gum shield or shin pads.	Lead coach at session	Bute	
Medical records available	Players	Players sign up to website.	Need to ensure this information is available to captains/ coaches, either through website or kept in sealed envelope in pitch packs.			
Emergency contact numbers available	Players	Players sign up to website.	Need to ensure this information is available to captains/			



			coaches, either through website or kept in sealed envelope in pitch packs.		
Not knowing who participants are	Players	Register to be taken at each session.			

# **Safety and Safeguarding**

Is the club providing a safe and secure environment for players?

What are the hazards?	Who might be harmed	What are you already doing?	Further action	Action by	Action Date	Progress
Risk of injury	Players and officials	Qualified first aider at each session.  Ensure there is at least one first aid kit available at each session.	Completion of online England Hockey incident reporting form.	First aider at session		
		Incident report form to be completed for each incident requiring first aid.				
Child welfare	Players	All people working with children are DBS checked and have appropriate safeguarding training. Welfare officer details available in pitch packs.				

#### LTHC SESSION RISK ASSESSMENT



Unauthorised taking	Players and volunteers	All members complete		
of photos/ videos.		basic photo consent when		
		they sign up to the website.		
		All juniors also complete		
		additional photo consent.		
		Anyone taking photos/		
		videos at matches or		
		training should register with		
		the organiser beforehand.		
		Players and volunteers		
		should be made aware if		
		photos/ videos are being		
		taken at a session.		